

## **Covenant for Regathering with Less Mitigation**

In response to the current COVID-19 pandemic, I promise, with God's help and to the best of my ability, to abide by the guidelines of the Diocese of Maryland for participation in the life of my congregation according to the regathering phase in which my congregation is authorized to carry out its mission and ministry. As new cases drop and vaccinations increase, I promise to act faithfully as I ponder gathering with those outside my household.

In fulfillment of the Baptismal Covenant (BCP p. 304-305), I will strive to:

Loving my neighbor as myself, I will...

- Continue to wear a mask or scarf over my nose and mouth and maintain social distance at all times in church buildings except in spaces and situations where a decision has been made by church leaders to allow unmasking or lessening of social distancing measures
- Only attend worship and receive communion if I am non-symptomatic for any transmittable disease that could compromise the health of another congregant
- Will abstain from attending if doing so would put me at greater risk due to my own health status

Respecting the dignity of every human being, I will...

- Make no physical contact with people beyond the members of my own household, unless invited to do so
- Maintain a six foot or more distance from other members of the congregation, unless leadership has determined to allow otherwise
- Respect any reasonable requests for distancing and masking, to ensure the safety and comfort level of others

Seek and serve Christ in all people...

- Trust and support the decisions of both my diocesan and congregational leaders
- Stay connected by telephone, video chat, or mail with others in my community who are unable or remain concerned about returning to gatherings with less restrictions
- Accommodate those who have a different perspective than mine when it comes to safely regathering with less restrictions